

SUPPLEMENT FACTS**SERVING SIZE: 3 Capsule****SERVINGS PER CONTAINER:**

AMOUNT PER SERVING	% Daily Value*		
Vitamin A (mixed carotenoids)	5000	IU	100%
Vitamin C (ascorbic acid)	180	Mg	300%
Vitamin D (cholecalciferol)	200	IU	50%
Vitamin E (mixed tocopherols)	100	IU	333%
Vitamin B1(thiamine HCl)	7.5	Mg	500%
Vitamin B2 (riboflavin)	8.5	Mg	500%
Niacinamide	50	Mg	250%
Vitamin B6 (pyridoxine HCl)	10	Mg	500%
Folate (folic acid)	400	Mcg	100%
Vitamin B12 (cyanocobalamin)	30	Mcg	500%
Biotin	150	Mcg	50%
Pantothenic Acid (d-calcium pantothenate)	50	Mg	500%
Calcium (citrate)	200	Mg	20%
Iodine (from kelp)	90	Mcg	60%
Magnesium (citrate)	50	Mg	13%
Zinc (picolinate)	15	Mg	100%
Selenium (L-selenomethionine)	60	Mcg	86%
Copper (gluconate)	1	Mg	50%
Manganese (gluconate)	6	Mg	300%
Chromium (polynicotinate)	60	Mcg	50%
Potassium (citrate)	75	Mg	2%
Choline Bitartrate	75	Mg	†
Inositol	50	Mg	†

Lecithin (from soybeans)	50 Mg	†
Citrus Bioflavonoid Complex (contains one or more of the following inner peels: oranges, lemons, or grapefruits)	25 Mg	†
Para amino benzoic acid	25 Mg	†
Trace Mineral Blend	15 Mg	†
Rutin	15 Mg	†
Hesperidin	7.5 Mg	†
Vanadium (chelate)	30 Mcg	†
Proprietary Active Enzyme Blend	200 Mg	†
Bromelain, Pepsin, Papain, Amylase, Protease, Lipase, Cellulase, Lactase, Maltase, Invertase		
Proprietary Brain Support Blend	50 Mg	†
Phosphatidyl Serine Complex (lecithin), L-Glutamine, Trimethylglycine		
* % Daily value is based on a 2,000 calorie diet. † Daily Value not established.		
Other Ingredients: Capsule (gelatin, water), Di-calcium phosphate, silicon dioxide, modified food starch, sucrose, gelatine, soybean oil, ascorbyl palmitate, sodium ascorbate, triglycerides of middle chain fatty acids, dl-alpha-tocopherol		

Contains: Soy and Milk

This product was manufactured in a FDA registered & a GMP certified facility.